



# Djamila Ploeg

she/her

23/04/1997

178 cm

dutch

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In my practice as a contemporary dancer I like the humanness to unfold. I enjoy the use of my versatility, openness and curiosity to express. I see dance and the moving body as a vessel to experience, feel and sense. By this, I intend to connect to others in a visceral way, to create art which allows new spaces for society to think, reflect and experience.

## Performing

**2023 / current**

**Beyond the Sea**  
Pollif Projects

**2022 / 2023**

**Within You**  
Loes Verstraten

**GINKGO**  
Nicole Beutler Projects

**Woman in E**  
Ragnar Kjartansson - museum de Pont

**2021 / 2022**

**NAÏAD**  
Skypunch Collective

**Ballet Mécanique 2.0**  
Bryndis en Mara voor Scapino Ballet  
Schrittmacher Festival

**Ripple Current**  
Andreas Hannes

**2020 / 2021**

**Whizz Whoosh**  
Andreas Hannes

**Human Dancer**  
Antonin Rioche

**8 groupvibes**  
The100hands

## Creation

**2025**

**HOLD ME DEAR AND HAND ME OVER**  
*work in progress* - duet

**2021 / 2022 / 2023**

**Lemniscate**  
dancefilm

**Today, I already turned 25**  
solo

## Teaching

teaching floor, contemporary and improvisation classes

**2024**

**the Program**  
Studio MONAD

**2022 / current**

**Floorflow**  
Dansplaats Arnhem

**2014 / 2022**

various dance classes for young talent programs and open level dance classes

# Referee

## **Nicole Beutler Projects**

Nicole Beutler

E / nicole@nicolebeutlerprojects.nl

## **Fontys University of the Arts**

Marc van Loon

E / m.vanloon@fontys.nl

# trained in

Contemporary  
Floorwork  
Soft Acro  
Partnering  
Improvisation  
Ballet  
Countertechnique  
Cunningham  
Limon  
Graham  
Contact Improvisation  
Dance Theatre

Pilates  
Yoga  
Aerial Hoop

# intensives

Hofesh Shechter  
Komoco,  
L-E-V Sharon Eyal  
Release the Beast - Tony Vezich  
Conny Jansen Danst  
Ivgi & Greben  
Panama Pictures  
Deltebre Dansa  
David Zambrano; flying low, passing through,  
couple dancing

# Education

**International Polestar Pilates Mat Education**

**2024**

**Fontys Dance Academy**

**2018 / 2022**

Bachelor of Dance

specialized in Contemporary Dance Performance

minor program:

**2020 / 2021**

sportpsychology

the hague university of applied sciences

free composition program:

**2020 / 2021**

the art of the moving body in film

member of education committee

**2019 / 2022**

**2014 / 2018**

**Aventus School voor Moderne Dans**

MBO graduated as dancer, dance maker  
and dance teacher